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# Abaconians Want Curfew

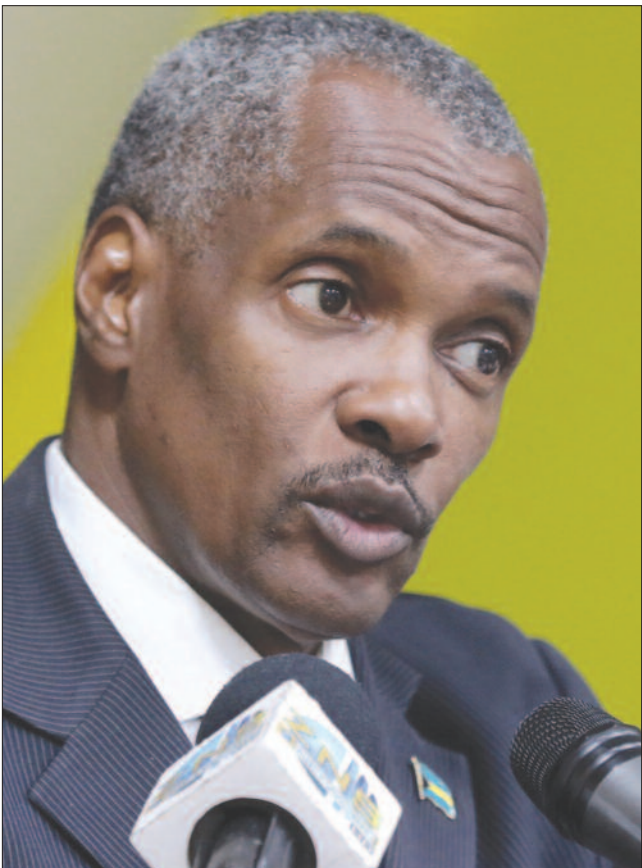
BY DEANDRE WILLIAMSON  
Journal Staff Writer

Minister of Public Works Desmond Bannister said Abaco residents, who were affected by Hurricane Dorian, want a curfew, which is a part of the proposed Disaster Preparedness and Response Amendment Bill 2019.

Bannister contributed to debate on the bill in the House of Assembly yesterday, where he pointed out that he heard comments criticizing the bill's power to order a curfew.

However, he said with the new bill, the prime minister will be able to

■ See page 4...



► Minister of Public Works Desmond Bannister

## 'No Abaco Shantytown Reconstruction'

BY DEANDRE WILLIAMSON  
Journal Staff Writer

Minister of Public Works Desmond Bannister assured that there will be “no reconstruction and no new construction” of homes in shantytowns

throughout Abaco, as this will be confirmed during his trip to the island today.

Bannister's comments came yesterday during his contribution to debate on the Disaster Preparedness and

Response Amendment Bill 2019 in the House of Assembly.

He also announced that four contractors have been engaged to clear The Mudd, Pigeon Peas,

■ See page 4...

## 'Abaco Needs Resilient Building' Henfield Concerned NGOs May Leave

BY BERTHONY MCDERMOTT  
Journal Staff Writer

North Abaco Member of Parliament Darren Henfield stressed the need for Abaco to build resilient, so as to better withstand hurricanes like Dorian.

Additionally, Henfield said in the House of Assembly yesterday that more than 4,000 non-governmental organizations were in Abaco post



► Min. Darren Henfield

■ See page 6...

## Grand Lucayan Agreement Deadline Extended

BY BERTHONY MCDERMOTT  
Journal Staff Writer

Hurricane Dorian resulted in a deadline extension for an agreement to be made on the Grand Lucayan Resort, according to Lucayan Renewal Holdings Chairman Michael Scott.

The deadline has been

■ See page 6...


## Fire Destroys Harbour Island Gas Station

Police in Eleuthera are investigating a fire that destroyed a gas station in Harbour Island on Wednesday.

According to police, shortly after 6 p.m., they responded to reports of a fire at Briland at the Go Service Station on Colebrooke Street.

■ See page 6...

DPM DISCUSSES CLIMATE CRISIS WITH COMMONWEALTH SECRETARIAT



► Deputy Prime Minister and Minister of Finance Peter Turnquest attended the Annual Commonwealth Finance Ministers Meeting in Washington, DC on Thursday. He met with the Commonwealth Secretariat to discuss the climate crisis and its impact on Small Island Developing States. (Photo/Ministry of Finance)





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# DPM Discusses Climate Crisis with Commonwealth Secretariat



► Deputy Prime Minister and Minister of Finance Peter Turnquest is pictured at the Annual Commonwealth Finance Ministers Meeting with fellows heads of finance to Commonwealth nations. (Photo/Ministry of Finance)

At an annual meeting of Commonwealth Ministers of Finance in Washington, DC, on Thursday, Deputy Prime Minister and Minister of Finance K. Peter Turnquest expressed the heartfelt thanks of the country for the many expressions of empathy and support to The Bahamas from the Commonwealth Secretariat and fellow Commonwealth nations in the aftermath of the destructive Hurricane Dorian.

Several member coun-


tries provided in kind and cash donation to the relief effort, which Minister Turnquest emphasized were being “utilized strictly to provide relief to those now homeless and jobless, and as a result vulnerable to many social and financial risks”. “It is the government’s commitment to ensure continued accountability and transparency in this regard as we reach out for further global support to address this recovery challenge and to face the daunting task of making

tangible steps to implement the resilience lessons learned from this experience,” said Minister Turnquest. During the meeting, Minister Turnquest raised several critical issues pertaining to the vulnerability of Small Island Developing States (SIDS), pushing the Secretariat to extend its work to better address the challenges faced by small fiscally vulnerable states like The Bahamas in light of the climate crisis. “In this regard the pro-

motion of Green Bonds, Social Bonds and other financing options to address climate resilience in particular, is critical and useful as is the need to reassess the categorization of high income/highly vulnerable Small Island Developing States (SIDS),” said Minister Turnquest. “It is also critical to address in a real way the challenges posed by risk evaluations of SIDS and off shore financial centers. The effects of which goes further than

just tax transparency and tax competition, to real risk to financial stability of member states and access to correspondent bank relationships and cross border trade on which we depend. Adjustments must be made to protocols to ensure that unfair and negative risk assessments that cannot be reasonably mitigated without creating another more predictive disaster, one of financial collapse due to uncompetitiveness of otherwise stable countries, is minimized.

“Climate refugees and internal and external migration is also an area that requires urgent attention and thought. Our recent experience shows that quite apart from economic migration, which we are familiar with in our region, disasters are posing a new risk and burden on neighboring states. Protocols and who, what and where considerations must now make its way onto the front page of climate risk considerations as these realities become more and more relevant.”



**FORM B**  
**Notice of Intended Marriage**  
**(Section 7(3))**

The persons named and described hereunder have given notice to me of their intended marriage, namely --


**Henry Cortez Adams Jr, Divorced,**  
**of 409 North Leonard, Sapulpa OK 74066, United States of America**


and

**Twiana Latrice Griggs, Divorced,**  
**of 4609 Hidden Pond Dr, Frisco TX 75014, United States of America**

Any person knowing any just cause or impediment why this marriage should not be allowed should enter caveat forthwith in the office of the Registrar of Marriages.

Dated this 2nd day of October, 2019.

  
Registrar of Marriages



**FORM B**  
**Notice of Intended Marriage**  
**(Section 7(3))**

The persons named and described hereunder have given notice to me of their intended marriage, namely --


**Tyler Jason Lawson, Single,**  
**of 5640 Highland Trl., Big Lake, MN, 55309, United States of America**


and

**Alexandria Katherine Nitti, Single,**  
**of 5640 Highland Trl., Big Lake, MN, 55309, United States of America**

Any person knowing any just cause or impediment why this marriage should not be allowed should enter caveat forthwith in the office of the Registrar of Marriages.

Dated this 2nd day of October, 2019.

  
Registrar of Marriages



**FORM B**  
**Notice of Intended Marriage**  
**(Section 7(3))**

The persons named and described hereunder have given notice to me of their intended marriage, namely --

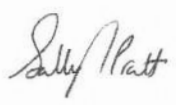
**Alan Richard Mason, Single,**  
**of 64 Normanton Park, Chingford London E4 6HF, Great Britain (UK)**


and

**Suzanne Louise Arnould, Divorced,**  
**of 64 Normanton Park, Chingford London E4 6HF, Great Britain (UK)**

Any person knowing any just cause or impediment why this marriage should not be allowed should enter caveat forthwith in the office of the Registrar of Marriages.

Dated this 19th day of August, 2019.

  
Registrar of Marriages



**FORM B**  
**Notice of Intended Marriage**  
**(Section 7(3))**

The persons named and described hereunder have given notice to me of their intended marriage, namely --


**Gary Peter Pusey, Single,**  
**of 16 Abbey Close, Holden Hill, 5089, South, Australia**

and

**Kelly Louise Chidgey, Single,**  
**of 16 Abbey Close, Holden Hill, 5089, South, Australia**

Any person knowing any just cause or impediment why this marriage should not be allowed should enter caveat forthwith in the office of the Registrar of Marriages.

Dated this 2nd day of October, 2019.

  
Registrar of Marriages



# Cuban Ambassador Bids Farewell

Ambassador of the Republic of Cuba to the Commonwealth of The Bahamas, Her Excellency Ismara M. Vargas-Walter is scheduled to demit office this weekend. As she makes the rounds to say goodbye to her colleagues and counterparts in the Foreign Service, she paid a courtesy call at the Ministry of Foreign Affairs, Thursday.

During the courtesy call, Minister of Foreign Affairs the Hon. Darren Henfield presented Her Excellency with tokens of farewell from The Bahamas. Mrs. Vargas-Walter has been the Cuban Ambassador to The Bahamas for the past almost four years.

Calling The Bahamas 'a friend to Cuba,' the Minister said that The Bahamas has a special friendship with the island nation, and has been grateful for all the support that Cuba has extended to The Bahamas, even most recently with the passing of Hurricane Dorian. Mrs. Vargas-Walter said that The

Bahamas has a special place in her heart, and she complimented the Bahamian government for its hardworking foreign service personnel who work tirelessly to foster diplomatic relations with other countries. She also expressed her gratitude that the Bahamas Government has always showed respect for Cuba as a sovereign country. A toasting ceremony at the Ministry was held to bid her farewell.

The Bahamas and Cuba established diplomatic relations on November 30, 1974. Since then, the two countries have signed a number of mutually beneficial agreements and have partnerships in education, culture, health, sports, national security and agriculture.

Minister Darren Henfield is pictured as he presents farewell gifts to Her Excellency Ismara Vargas-Walter at the Ministry of Foreign Affairs, October 17, 2019.

(BIS Photos/Raymond A. Bethel, Sr.)



► Minister of Foreign Affairs presents Cuban Ambassador Her Excellency Ismara M. Vargas-Walter Bahamian memorabilia.



► Bahamian handbag presented to Her Excellency Ismara Vargas-Walter.



## **NOTICE:**

The public is hereby advised that the Over-the-Hill Community Development Partnership Initiative, in conjunction with the Ministry of Public Works and the Bahamas Public Parks & Public Beaches Authority, has begun site works at Bishop Alvin Moss Park, Christie Park and Joe Billy Park in the Over-the-Hill community as part of its rejuvenation efforts.

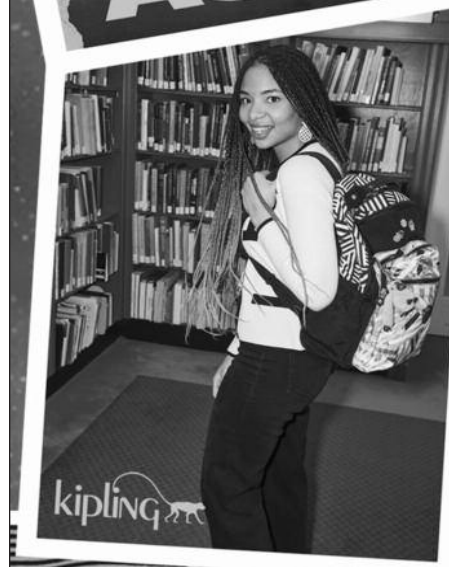
*We apologize for any inconvenience caused.*

Kindly contact us if you have any concerns at  
**Phone: 702-5554**

**E-mail:** [info@OverTheHillBahamas.org](mailto:info@OverTheHillBahamas.org)

**Facebook:** Over-the-Hill Community Development Partnership Initiative

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# Abaconians Want Curfew

■ Continued from / PAGE 1...

order a curfew before the storm hits and not witness looting after the storm is over.

“At the same time I have received many calls from Abaconians, the people who are impacted, asking when the government will implement curfews to protect them,” Bannister said.

“Quite frankly, sir, I feel more comfortable with the power in this act to order a curfew than the power in the law that the opposition supports that permits unlimited and indeterminable detentions.”

Following Hurricane Dorian, Prime Minister Dr. Hubert Minnis said the government would have a discussion to determine whether a curfew would be implemented in Abaco because of the concerns of looting on the island.

Mandatory evacuation

# ‘No Shantytown Reconstruction’

■ Continued from / PAGE 1...

Sandbanks and The Farm shantytowns.

“They will simultaneously fence the properties in. They are working according to precise plans that permit the layering of debris in a manner that permits them to sensitively scan the sites and uncover any human remains that may still be there so that any body that may be found will be treated with dignity and respect,” Bannister said.

“There is currently a no build order that prevents any construction on any of those sites, sir. Signs have been posted and the no build order will be strictly enforced by the contractors working closely with law enforcement authorities.”

Since the passage of Hurricane Dorian, Prime Minister Dr. Hubert Minnis said the government plans to acquire shantytown properties in Abaco through compulsory acquisition.

# ‘Abaco Needs Resilient Building’

■ Continued from / PAGE 1...

Dorian.

While in New York, he added that a number of countries pledged to assist in restoration efforts.

However, Henfield, who is also the minister of foreign affairs, said he is concerned that eventually the organizations will move on to the next task and forget about The Bahamas.

“You’re only as alive as the next event and then these agencies move on and forget you. So it is important, as Minister Rolle stated yesterday, that we build capacity,” he said.

is also a part of the bill and according to Bannister, it would allow the prime minister to issue an order to protect Bahamians when there is a disaster or a threatened disaster alert, not merely when a state of emergency already exists under the Constitution.

“So once this bill passes, the prime minister will be able to order an evacuation before a storm hits, not wait until after the storm wrecks havoc on our communities, as the opposition would wish for us to do,” Bannister explained.

“The prime minister will be able to authorize steps to be taken to suppress anarchy, civil disorder assaults, looting, or home or shop breaking before a storm hits, rather than wait until the storm has passed as the opposition would wish for us to do.

“The prime minister

will now be able to save lives before a storm hits, not look back in regret after the storm and pray for the dearly departed, as the opposition would wish for us to do.”

According to Bannister, the bill is in the best interest of the Bahamian people and it will be passed by a caring government.

“Mr. Speaker, in bringing this bill to parliament at this time in our history, the most honourable prime minister can be likened to Lord Denning’s bold spirits, who have the creativity and courage to allow it if justice so allows, while by opposing this ‘progressive’ legislation, those opposite stand in the shoes of Denning’s timorous souls, sharing blind allegiance to the dead hand of the past and in doing so they serve a sterile, not constructive role in the law,” Bannister said.

However, Rights Bahamas threatened to take legal action to defend the shantytown residents.

During his contribution, Bannister also noted that the Ministry of Public Works is currently in the process of engaging local contractors to clear debris left by Hurricane Dorian in Abaco and Grand Bahama, which have been divided into zones.

“Mr. Speaker, I want to caution everyone that only contractors who are duly contracted by the director of public works will be paid. This FNM government will not engage in the type of helter skelter operation that members opposite carried on to the detriment of the Bahamian people during their tenure in office,” Bannister said.

“Can you imagine, sir, that we are still receiving claims for millions of dollars from pseudo contractors that PLP MPs put to work without any official authorization and no proof that they even did any work.

“Mr. Speaker, the Bahamian people have already judged members opposite for their disorganized, unfocused, incompetent, deficient, uncoordinated, inadequate, flawed and unreliable response to smaller hurricanes. No credible criticism can come from that discredited side with respect to the manner in which this Minnis led FNM government has responded to the needs of our people after experiencing the most devastating Atlantic hurricane in history.

“Mr. Speaker, when this phase is completed the Ministry of Public Works will commence reconstruction activities in conjunction with the energetic new Minister of State for Disaster Preparedness, Management and Reconstruction, my friend the Hon. Iram Dewitt Lewis.”

as a middle-class country prohibiting the ability to be able to apply for certain grants and loans.


“A lot of European countries pledged to double their response to the Green Climate Fund, but my question is that while we are still in the hurricane season, and we are grateful, I don’t want to seem ungrateful, but how do you operationalize the fund so that we can get the monies on the ground now where we need them to help build resilience?” Minister Henfield asked.

“We don’t mind if we send your own companies

“So it was genius almost to put people along with some of these people so that we too can be able to respond and help others and ourselves in this Bahamas when there is crisis.”

The foreign affairs minister, in his contribution to the Disaster Preparedness Response and Amendment Bill 2019, noted that The Bahamas, along with other Small Island Developing States, contribute the least to climate change, but are most affected.

As a result, Henfield said its unfair for The Bahamas to be classified



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(Section 7(3))

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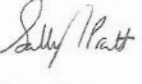
Gabriel Rivera Molina, Single,  
of Calle Teresa Capo, 1024 Country Club, PR 00924, Puerto Rico


and

Johann Nicole Mendez Lozada, Single,  
of Calle Teresa Capo, 1024 Country Club, PR 00924, Puerto Rico

Any person knowing any just cause or impediment why this marriage should not be allowed should enter caveat forthwith in the office of the Registrar of Marriages.

Dated this 2nd day of October, 2019.

  
Registrar of Marriages



FORM B  
Notice of Intended Marriage  
(Section 7(3))

The persons named and described hereunder have given notice to me of their intended marriage, namely --


Nicholas Alan Clarke, Divorced,  
of 18 Longford Road, Newport Shropshire TF10 7PU, England


and

Beverley Marie Wilkinson, Widowed,  
of 18 Longford Road, Newport Shropshire TF10 7PU, England

Any person knowing any just cause or impediment why this marriage should not be allowed should enter caveat forthwith in the office of the Registrar of Marriages.

Dated this 2nd day of October, 2019.

  
Registrar of Marriages



FORM B  
Notice of Intended Marriage  
(Section 7(3))

The persons named and described hereunder have given notice to me of their intended marriage, namely --

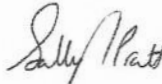
Kyle David Ingle, Divorced,  
of 600 NE Crestview Ln, Kansas City MO 64116, United States of America

and

Danielle Clarice Frazier, Divorced,  
of 600 NE Crestview Ln, Kansas City MO 64116, United States of America

Any person knowing any just cause or impediment why this marriage should not be allowed should enter caveat forthwith in the office of the Registrar of Marriages.

Dated this 11th day of September, 2019.

  
Registrar of Marriages



FORM B  
Notice of Intended Marriage  
(Section 7(3))

The persons named and described hereunder have given notice to me of their intended marriage, namely --

Michael Marendy, Divorced,  
of 9 Costata Crescent, Adamstorm NSW 2289, Australia

and

Michelle Mayun Andrews, Single,  
of 9 Costata Crescent, Adamstorm NSW 2289, Australia

Any person knowing any just cause or impediment why this marriage should not be allowed should enter caveat forthwith in the office of the Registrar of Marriages.

Dated this 16th day of September, 2019.

  
Registrar of Marriages

GOT NEWS?

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# Letter to THE EDITOR

Dear Editor,

Several years ago, Rwanda was an international piranha because of its genocide experience and the fact that its economy was virtually a basket case. My son , Geoffrey, just recently returned from Rwanda. See economic synopsis below. Rwanda, under the astute leadership of President Paul Kagame, has quickly moved from the absolute devastation of the 1994 genocide to become one of the most dynamic and forward-leaning countries on the continent! Rwanda now boast more than 60% of the seats in their parliament now belonging to women! A few weeks ago Rwanda began the manufacturing of it's own smart phone, and an electronic motorcycle - which are producing jobs for youth, and great business that clearly will boost trade across Africa! Last month Rwanda opened it's sparkling new Kigali Sports Arena, which in partnership with the new National Basketball Association's Africa initiative, will host the Africa Basketball Championships! Rwanda has now embarked on bold new initiatives to provide healthcare to all of her citizens, to build houses for the poor, and to promote free education! Rwanda is emerging as a leader in the promotion of economic and social development across the east Africa region!

## Indicted Ukrainians sought Nevada Cannabis Licenses in All the Wrong Ways

Two Ukrainian associates of Rudy Giuliani were arrested on Wednesday night and charged with funneling foreign money into US elections, an illegal activity. The headlines have been dominated by the pair's alleged donations to a pro-Trump super PAC last year, but there's another charge hidden in the indictment that has left some in the cannabis industry—and many in the state of Nevada—scratching their heads.

Lev Parnas and Igor Fruman weren't just courting influence within Trump circles. They also allegedly donated foreign cash to a Republican gubernatorial candidate in Nevada, with the aim of gaining one of the state's highly coveted cannabis licenses. But those who know politics and cannabis in Nevada are bemused by the fact that the Ukrainians targeted Adam Paul Laxalt: He's one of the most anti-cannabis politicians in the American West.

Before running for Nevada governor last year, Laxalt spent his four years as the state's attorney general fighting against legal cannabis.

A Republican, Laxalt denounced Nevada's retail sales initiative during the 2016 campaign cycle, arguing among other things that edibles would endanger children and that the initiative put "profit over public health."

When his campaign to stop legalization failed, Laxalt became the only attorney general from adult-use states at the time to not sign a letter sent to leaders in Congress in favor of the SAFE Banking Act, in January 2018. That same month, when former US AG Jeff Sessions infamously repealed the Cole and Wilkinson Memos, Laxalt stopped short of taking a clear position.

"My office has expeditiously facilitated the implementation of the (retail cannabis) law in the face of considerable uncertainty about the status of federal enforcement activity," he said, in response to the Sessions memo.

But Laxalt's history, according to a 21-page indictment released Thursday, apparently wasn't enough to deter at least two prominent former Soviet Union-born businessmen from donating to his campaign last year in hopes of buying influence for a proposed marijuana business. These businessmen are also now at the center of the US House of Representatives' impeachment inquiry into President Donald Trump.

Igor Fruman, a Belarus-born businessman who lived in Ukraine before immigrating to the US, and his associate Lev Parnas, were arrested and charged in a New York district court with funneling \$1 million from an unnamed foreign national into a US bank account, and giving \$10,000 donations in Fruman's name to Laxalt and Nevada Attorney General candidate Wes Duncan last fall.

The charges are alleged as part of a bigger scheme in which Fruman and Parnas, along with Ukrainian-born businessman Andrey Kukushkin and Miami-based businessman David Correia, tried to buy influence from political leaders

across the US for business ventures in Russia and Ukraine.

As part of the plan, the four worked on the unnamed benefactor's behalf in hopes of securing a Nevada cannabis dispensary license during a state lottery for 64 available permits last fall. Dispensary licenses in the Silver State are limited by state law.

US law bans campaign contributions from foreign nationals and those made in the name of another person, but the timing, direction, and presumed entitlement behind Fruman and company's cannabis-inspired donations are puzzling to say the least.

The deadline to apply for a Nevada cannabis business license last fall was September 20, and only operators of marijuana grows, production facilities, and existing stores at the time were allowed to apply. According to the indictment, on October 25, 2018, Kukushkin advised Fruman, Parnas, and the Russian benefactor that the group was two months too late "unless we change the rules." The indictment suggests the group focused on Laxalt, hoping he'd win the governor's office and could get them a license in exchange for their campaign contribution.

The maximum an individual can give to a political candidate is \$10,000, and Laxalt raked in \$8.89 million in combined donations during the campaign cycle. Duncan raised \$2.38 million. Among those financial contributions included, there were 330 maximum \$10,000 donations for Laxalt and 56 such contributions for Duncan.

Even if the two Republican candidates had won, the belief that an individual campaign donor could manipulate the two highest positions in the state was "misguided," a Las Vegas scholar said. "It's essentially a wasted donation," said Michael Green, a Nevada political historian and professor at University of Nevada Las Vegas. "The alleged ties to Giuliani would do much more for them than a \$10,000 gift would."


An ongoing court case over the new dispensary licenses has shown that marijuana officials in Nevada aren't exactly free of political influence. In August, a Nevada District Court judge in Clark County—which includes Las Vegas—issued an injunction against a slew of dispensary license winners after determining the Department of Taxation acted "arbitrarily and capriciously" in scoring the applications. Judge Elizabeth Gonzalez found that a tax official, who has since been fired, gave a select group of cannabis applicants a scoring advantage over the rest of the pack.

But in the case of Fruman and Parnas, they picked the wrong people to impose their influence, in just about every way possible.

On Thursday, Duncan and a representative for Laxalt denied knowing of any wrongdoing by the donors, and both said they plan to return the donations. The indictment states the defendants hid the scheme from the "campaigns, federal regulators, and the public."

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## E D I T O R I A L

# Understanding Diabetes

Whether you've been newly diagnosed, have been fighting against type 1 or type 2 diabetes for a while, or are helping a loved one, you've come to the right place. This is the start of gaining a deeper understanding of how you can live a healthier life—with all the tools, health tips, and food ideas you need. Wherever you're at with this disease, know that you have options and that you don't have to be held back. You can still live your best life. All you have to do is take action and stick with it.

Here's what you need to know about type 1 diabetes. 1.25 million Americans have it and 40,000 people will be diagnosed with it this year. Type 1 diabetes occurs at every age, in people of every race, and of every shape and size. There is no shame in having it, and you have a community of people ready to support you. Learning as much as you can about it and working closely with your diabetes care team can give you everything you need to thrive.

In type 1 diabetes, the body does not produce insulin. The body breaks down the carbohydrates you eat into blood sugar that it uses for energy—and insulin is a hormone that the body needs to get glucose from the bloodstream into the cells of the body. With the help of insulin therapy and other treatments, everyone can learn to manage their condition and live long healthy lives.

Remember: this is a condition that can be managed. By living a healthy lifestyle filled with exercise and proper diet, you can live a normal life and do everything you set out to do.

Type 2 diabetes is the most common form of diabetes—and it means that your body doesn't use insulin properly. And while some people can control their blood sugar levels with healthy eating and exercise, others may need medication or insulin to help manage it. Regardless, you have options—and tools, resources, and support to help you fight.

A key part of managing type 2 diabetes is maintaining a healthy diet. You need to eat something sustainable that helps you feel better and still makes you feel happy and fed. Remember, it's a process. Work to find helpful tips and diet plans that best suit your lifestyle—and how you can make your nutritional intake work the hardest for you.

Fitness is another key to managing

type 2. And the good news, all you have to do is get moving. The key is to find activities you love and do them as often as you can. No matter how fit you are, a little activity every day can help fight type 2 and put yourself in charge of your life.

Gestational diabetes can be a scary diagnosis, but like other forms of diabetes, it's one that you can manage. It doesn't mean that you had diabetes before you conceived or that you will have diabetes after you give birth. It means that, by working with your doctor, you can have a healthy pregnancy and a healthy baby. No matter what, know that you have all the support you need for both you and your baby to be at your best.

We don't know what causes gestational diabetes, but we know that you are not alone. It happens to millions of women. We do know that the placenta supports the baby as it grows. Sometimes, these hormones also block the action of the mother's insulin to her body and it causes a problem called insulin resistance. This insulin resistance makes it hard for the mother's body to use insulin. And this means that she may need up to three times as much insulin to compensate.

The key to treating it is to act quickly—because as treatable as it is, gestational diabetes can hurt you and your baby. Work with your doctor to keep your blood sugar levels normal, through special meal plans and regular physical activity. Your treatment may also include daily blood sugar testing and insulin injections.

When it comes to prediabetes, there are no clear symptoms—so you may have it and not know it. Here's why that's important: before people develop type 2 diabetes, they almost always have prediabetes—blood sugar levels that are higher than normal but not yet high enough to be diagnosed as diabetes. You may have some of the symptoms of diabetes or even some of the complications.

Regardless, check with your doctor and get tested. If you discover that you do have prediabetes, remember that it doesn't mean you'll develop type 2, particularly if you follow a treatment plan and a diet and exercise routine. Even small changes can have a huge impact on managing this disease or preventing it all together—so get to a doctor today and get tested.



**THE BAHAMAS**

Sun, Sand, Sea .... and the

**The Bahama Journal**

**NO BETTER READING**



# 'Abaco Needs Resilient Building'

Continued from / PAGE 1...

to The Bahamas or you create a group to manage the monies. Who will come to the impacted area, wherever we are, and approve the money to build resilience, to put

underground cables so that we can survive after these storms hit us?"  
Throwing his support behind the bill, the North Abaco MP said this bill will help the country to

survive by addressing several key issues including empowering the government through the prime minister to maintain peace and to provide urgent relief to impacted areas.

## Fire Destroys Harbour Island Gas Station

Continued from / PAGE 1...

When police arrived on the scene they met the service station fully engulfed in flames.  
Police and volunteers from the community attempted to extinguish the fire, but were unsuccessful.

Police said a total of four structures, including a dwelling house, were completely destroyed by fire. No injuries were reported.  
Fire services officers from New Providence will continue investigations into this matter.

## New Radiation Oncology Specialists Clinic at The Cancer Centre Bahamas

Baptist Health International and Miami Cancer Institute, a part of Baptist Heath South Florida, have collaborated with The Cancer Centre Bahamas to establish a Radiation Oncology Specialists Clinic in Nassau.  
The inaugural Clinic will take place Monday, October 21, 11:30 a.m. to 4 p.m., at The Cancer Centre Bahamas, located in the Medical Pavilion Bahamas at 72-74 Collins

Avenue. Leading the ceremony will be Minesh Mehta, M.D., FASTRO, a world-renowned expert in radiation oncology, proton therapy and cancer research, who serves as deputy director and chief of radiation oncology at Miami Cancer Institute.  
Dr. Mehta will be accompanied by Jessika Contreras, M.D., a radiation oncology specialist at Miami Cancer Institute, and Osama Kellini, M.D., medical director at The

Cancer Centre Bahamas. Patients will be seen by all three radiation oncology specialists during their clinic appointment.  
"We look forward to accepting referrals of any oncology patient who may benefit from this unique opportunity to have their case reviewed by radiation oncology experts from Miami Cancer Institute right here in their hometown of

See page 8...


## Grand Lucayan Agreement Deadline Extended

Continued from / PAGE 1...

extended to November.  
Scott said the extended deadline came as negotiations were slowed because of the Category 5 hurricane.  
"It's been delayed by a month, but we're deep into the negotiations now and each side has requisitioned the other on different facets of the deal," the chairman said.  
The original deadline was set for September or October. However, the resort, according to Scott, suffered minor damage from the monstrous hurricane and the board is currently in the process of complet-

ing the insurance work.  
Still, Scott asserted that both sides are hard at work to have negotiations completed by the new deadline.  
The government purchased the beleaguered hotel last August for \$65 million. The plan was to resell it as soon as possible.  
In April, the government signed a letter of intent with Royal Caribbean International and the ITM group to purchase the resort along with the redevelopment of the Freeport Harbour.

GOT NEWS?  
Please call The Bahama Journal's News TIP LINE at 356-7254 and let us know!



FORM B  
Notice of Intended Marriage  
(Section 7(3))

The persons named and described hereunder have given notice to me of their intended marriage, namely --


Jeremy Robert Orr, Divorced,  
of 709 E High Street, Hicksville OH 43526, United States of America

and


Rachel Lynn Johns, Single,  
of 709 E High Street, Hicksville OH 43526, United States of America

Any person knowing any just cause or impediment why this marriage should not be allowed should enter caveat forthwith in the office of the Registrar of Marriages.

Dated this 19th day of August, 2019.



Registrar of Marriages



FORM B  
Notice of Intended Marriage  
(Section 7(3))

The persons named and described hereunder have given notice to me of their intended marriage, namely --


James Duane Sparkes, Divorced,  
of 31 Hussey's Road, Paradise NL A1L 3A5, Canada

and


Tanya Brenda Atking Canning, Divorced,  
of 31 Hussey's Road, Paradise NL A1L 3A5, Canada

Any person knowing any just cause or impediment why this marriage should not be allowed should enter caveat forthwith in the office of the Registrar of Marriages.

Dated this 19th day of August, 2019.



Registrar of Marriages



FORM B  
Notice of Intended Marriage  
(Section 7(3))

The persons named and described hereunder have given notice to me of their intended marriage, namely --


Jessie Luca Wiebe, Single,  
of 301-610 Johnson St, Victoria BC V8W 1M4, Canada

and


Stephany Wong, Single,  
of 301-610 Johnson St, Victoria BC V8W 1M4, Canada

Any person knowing any just cause or impediment why this marriage should not be allowed should enter caveat forthwith in the office of the Registrar of Marriages.

Dated this 12th day of September, 2019.



Registrar of Marriages



FORM B  
Notice of Intended Marriage  
(Section 7(3))

The persons named and described hereunder have given notice to me of their intended marriage, namely --


Kyle A Piccirillo, Divorced,  
of 24 City Brook Road, Naugatuck, Connecticut 06770, United States of America

and

Mary Kate Durette, Single,  
of 18 Spruce Brook Road, Seymour, Connecticut 06483, United States of America

Any person knowing any just cause or impediment why this marriage should not be allowed should enter caveat forthwith in the office of the Registrar of Marriages.

Dated this 1st day of October, 2019.



Registrar of Marriages